

SEXUAL VIOLENCE ▪ Broad term that is used to describe violence (psychological or physical) that is done through sexual means or by targeting sexuality. Sexual violence can take many different forms, it can include but is not limit to: sexual abuse, sexual assault, rape, sexual harassment, stalking, and/or cyber harassment and sexual exploitation.

SEXUAL ASSAULT ▪ Non-consensual sexual activity or contact, this includes the threat of the sexual activity that can be done by one person or a group. Sexual assault can take many forms, it can include but is not limited to: unwanted sexual touching, kissing, fondling, and/or forced sexual intercourse. It can come in the use of intimidation, physical force and abuse of power, trust and/or authority.

Alcohol and/or drug facilitated: where the use of alcohol and/or drugs is used to purposefully incapacitate or sedate a person for the purpose of sexual assault.

STALKING ▪ Conduct that happens on more than one occasion that installs fear in a person, threatens their mental health or safety or the mental health and safety of their family and/or friends. Stalking includes but is not limited to: threatening conduct, non-consensual communication (in person, phone, electronic), surveillance, pursuit, and/or unsolicited gifts.

VOYEURISM ▪ The non-consensual observing of a person. This can include but is not limited to: observation (direct, mechanical and/or electronic) and visual recordings.

INDECENT EXPOSURE ▪ Occurs when the private or intimate parts of the body are exposed in a sexual or lewd manner. This occurs in a public place when the perpetrator may be readily observed. Exhibitionism is an example of indecent exposure.

EXHIBITIONISM ▪ Source of sexual gratification through compulsive display of one's genitals.

SEXUAL EXPLOITATION ▪ Manipulation of a person through non-consensual or abusive sexual control. This could include but is not limit to: broadcasting (electronic or digital), distributing, recording, photographing of people engaging and/or involved in a sexual act without with consent.

RAPE CULTURE ▪ This is the normalizing of sexual violence in which ideas, social practices, images and societal institutions directly or indirectly condone sexual assault. Rape culture also blames survivors for the abuse that was done to them.

COERCION ▪ Used to intimidate, force or trick someone into engaging in sexual activities without resorting to physical force. Examples of coercion are: emotional manipulation, making someone feel guilty for not engaging in the sexual activity, refusing to take no for an answer, and/or implying that engaging in sexual activity is owed in return for financial favours.

GENDER-BASED VIOLENCE ▪ Facing violence because of gender, gender expression, gender identity and/or perceived gender.

REVENGE PORN ▪ The non-consensual distribution of nude and/or sexually explicit photos and/or videos of an individual.

SLUT-SHAMING ▪ The criticizing of someone (mainly women and girls) for their presumed or real sexual activity or for behaving in a way that is then associated with their presumed or real sexual activity.

STEALTHING ▪ The purposeful and secretive removal of a condom during sexual activity when consent has only been given for condom-protected activity.



To learn more about your sexual health
HERE is a glossary from Planned Parenthood!