

Use your head, stop the spread

Do your part to keep classes on and COVID away from campus.

Feeling ill? Know what to do



FEELING ILL

Runny nose, cough, fever, sore throat, shortness of breath?

STOP

Do not come to campus, complete the AHS COVID-19 assessment or call 811 for advice.



INFORM

Tell your supervisor/instructor.

ISOLATE

Isolate for 10 days or until your symptoms are gone, whichever is longer.



TEST

Positive? Isolate for 10 days or until your symptoms are gone. Negative? Quarantine for 14 days if you have known exposure to COVID-19.

DON'T COME TO CAMPUS IF...

- you have any COVID-19 core symptoms
- a close contact has COVID-19 or is being tested
- you have COVID-19 or you're being tested for COVID-19
- you are in quarantine after travelling.

SYMPTOMS ON CAMPUS? KNOW WHAT TO DO

If you are or have been on campus with symptoms, suspect you might have COVID-19 or have COVID-19, notify Safety and Community Services (SCS) immediately at **403.284.8606**.